

RULES AND REGULATIONS

The 2008 Dancesport Classic is conducted under the rules and regulations governing competitions and championships recognized by the National Dance Council of America, Inc. Some of the NDCA rules that directly apply to amateur competitors, along with additional rules applied by the organizer follow:

1. All Pre-Teen, Junior, Youth and Adult amateur competitors must have an admission ticket.
2. No couple is exempt from competing in any round of a Championship division. Any couple who fails to appear at the scheduled time for the first round of any event will be disqualified from the event.
3. No person may compete in an age classification lower than their own. A couple's age classification eligibility is defined as the age of the older partner on the day of the competition, however, this definition does not allow the younger member of the partnership to dance up two age levels. Specifics are listed below:

Age Category Classifications

Age classifications are based upon the individual's age on their birthday that occurs within the calendar year

Pre-Teen. 11 years old or younger. **Junior** 12,13,14,15, years old. **Youth** 16,17,18, years old. 19 year olds may also dance as youths until they have graduated from "High school. **Adult** 19 years of age or older

Entry Restrictions

- Pre-Teens & Juniors may dance up one age classification only in each competition
 - A Pre-Teen may not dance in a Youth category even if partnered by a Junior or Youth. A Junior may not dance in Adult categories even if partnered by a Youth or Adult.
 - Pre-teen, Junior and Youth competitors who dance a championship event may not dance in the syllabus event of the same style.
 - Youth competitors will be allowed to dance in the "Youth" classification events and the "Adult Novice", "Pre-Championship" and Championship events with the following restriction: Youth competitors may dance a maximum of two events in each competition category ie. Youths may dance two of the four events in each category: Youth, Novice, Pre-Championship, and Championship. Additionally couples who enter the youth newcomer and syllabus events may not enter any adult event in the same style
4. All international style syllabus competitions are restricted to the ISTD Bronze, Silver, Gold syllabus. Newcomer and American Style syllabus events may use any syllabus from member organizations of the NDCA as well as the BYU syllabus. Couples must dance within the framework of the accepted syllabi, including preceded & follows, & without embellishment. Figures must be danced as defined in the ISTD technique book. Partial figures may not be utilized unless so specified in the "proceeds & follows" sections. Couples dancing out of syllabus will be warned once & then disqualified.
 5. A competitor is eligible to dance in the "newcomer" event (Pre-teen, Junior, Youth) until they have placed in a final of any event in their age classification, provided a quarter-final was danced.
 6. A competitor is eligible to dance in the "Syllabus", "Novice" or "Pre-Championship" proficiency classifications until they accumulate three proficiency points. There is no limit to the number of proficiency points that may be accumulated in the "Championship" level.

Point Accumulation

- A competitor receives one point when they either a) place first in their current classification when a semi-final was danced, or b) dance in the final of a higher proficiency event where a semi-final was danced.
 - The eligibility to compete in a classification is applied to individual competitors and not as a couple.
 - It is the responsibility of all amateur competitors to insure that they are eligible for all categories entered.
 - An amateur competitor may enter at most two consecutive proficiency classifications in any particular style and age group at a particular competition,
 - An amateur competitor's ineligibility begins at the conclusion of the competition in which his/her third point was acquired. In this case the word "competition" refers to the entire event (generally a "weekend").
7. Any amateur competitor who wears a costume deemed by the organizers to be unsuitable will be requested to change. If such request is not followed, the competitor will not be allowed to dance and their entry will be canceled.

Dress and/or Costuming

Pre-teens Championship Competitors

BOYS:

- (1) **Trousers-** (a) Black or dark blue color only (b) High waist pants optional (c) Underfoot strap optional
- (2) **Shirts-** (a) Plain white or black long sleeved collared shirt only (b) No pleats or ribbing (c) Sleeves to be worn at wrist length
- (3) Dark vest or sweater allowed for standard/smooth competition
- (4) **Tie-** Black color only, may be either straight or bow
- (5) **Socks-** Black or dark blue color only
- (6) **Shoes-** Heels height not to exceed 1.5 inches
- (7) **Materials-** Fabrics must be plain, ie: cotton, polyester blend, cotton/polyester blend, wool blend (a) No satin or shiny fabrics (b) No glitter, metallic thread, patterns or sequins allowed (c) Decorations- not allowed
- (8) **Make-up-** Not allowed
- (9) **Hairstyle-** long hair must be worn in a pony tail. No earrings allowed

Girls:

- (1) **Skirt** with top or simple dress with attached undergarment or leotard top with full skirt
- (2) **Skirts-**(a) plain or pleated with minimum 1 to maximum 3 half circles. One simple underskirt allowed which is no larger or longer than top layer (b) No use of boning, frills, splits, openings, fishing line, etc... (c) Length of skirt must not be shorter than three inches above the knee cap layer and no longer than one inch below the knee cap.
- (3) **Necklines-** (a) boat, high neck, v-neck, sweetheart, peter pan collar, and regular collar are allowed
- (4) **Sleeves-** (a) Long, short, elbow length, cap, puff or sleeveless styles are allowed (b) Cannot be replaced by trimming, frills, or edging on the shoulder line (c) No "finger loops" allowed
- (5) **Materials-** (a) Fabrics *MUST* be only one color throughout (b) No glitter, metallic thread, or fabric creating "light or pattern effects". (c) No use of feathers, fringes, bows, belts, frills or sequins (d) No flesh color fabric (e) Any use of color coordinated "see through" fabric must be lined from waist to shoulder: for use on arms no lining is needed.
- (6) **Shoes-** (a) Heel height not to exceed 1.5 inches, and must be block heel style if a dance shoe
- (7) **Socks-** White ankle socks or flesh colored panty hose must be worn (g) No fishnet tights
- (8) **Other-** (a) No use of arm bands, chockers or headbands (b) No decoration is allowed on dress or in hair (c) No jewelry is allowed (d) No make-up allowed (e) Use of fake eyelashes, fake fingernails, colored or glitter hair spray is forbidden

Syllabus Competitors: Must adhere to the above dress requirements, and additionally must wear white top with sleeves (as noted above) and black skirts (**ladies**) – white shirt or black pants (**men**). For Junior and youth syllabus competitors the flowing are also allowed: **MEN:** Shoe heel height may not exceed 2 inches **Women:** Basic make up, fishnets and small earrings allowed, No restriction on heel height.

Junior & Youth Couples (Standard, Latin & American Style):

Junior and Youth Open Couples may wear the attire specified for Junior & Youth Newcomer/Syllabus Couples or they may wear the attire specified for the Adult couples.

Adult Couples (Standard, Latin, West Coast Swing & Lindy , Novice, Pre-Championship or Championship Division):

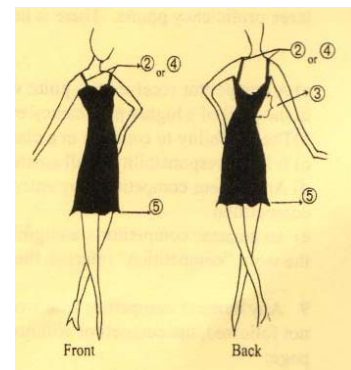
Gentlemen: Costumes appropriate to the style.

1. Latin shirts may be open to a point eight inches down from the Supra Sternal Notch (Jugular Notch)
2. Sheer fabric may only be worn on the arm. No sleeveless shirts
3. No earrings allowed
6. Skirts may be broken or slitted from the trunk line down, but must cover the legs to mid-thigh when not in motion.
7. Cutouts or nude fabrics are not allowed.
8. Skin from the front to a point several inches behind the sides (axilla-line) must be covered.

Ladies: Costumes appropriate to the style.

1. Regular cut dance trunks and fishnet hose must be worn.
2. Straps over both shoulders of at least one inch in width are required. If multiple straps go over a shoulder at least one strap must be the required one inch from front to back.
3. Halter tops or designs that resemble them are not permitted.
4. Lower backs must be covered from a point five (5) inches above the waist line.
5. Sheer fabric on the bodice may be used from the top of the bust line up, in front, and in the back, from five inches above the waist up, in this case straps are not required.

Competitors in the Latin-American divisions must not be overly suggestive in their movements at all times while on the floor. Couples who are viewed as inappropriate will be warned once, and then will be subject to disqualification.



No entry will be considered fully accepted without final costume approval. All Junior, Youth & Adult Amateur costumes of competitors from the state of Utah MUST be approved one hour before their scheduled event.

If in question, all rules are the same as held at Brigham Young University competitions.