

## **RULES AND REGULATIONS**

The 2009 Dancesport Classic is conducted under the rules and regulations governing competitions and championships recognized by the National Dance Council of America, Inc. Some of the NDCA rules that directly apply to amateur competitors, along with additional rules applied by the organizer follow:

1. All Pre-Teen, Junior, Youth and Adult amateur competitors must have an admission ticket for each day they are competing.
2. No couple is exempt from competing in any round of a Championship division. Any couple who fails to appear at the scheduled time for the first round of any event will be disqualified from the event.
3. No person may compete in an age classification lower than their own. A couple's age classification eligibility is defined as the age of the older partner on December 31<sup>st</sup>, 2009. Specifics are listed below.
4. Pre-Teens, Juniors and Youths may dance up one age classification only in each competition category.
5. A Pre-Teen may not dance in the Youth category even if partnered by a Junior or Youth. A Junior may not dance in Adult categories even if partnered by a Youth or Adult.
6. Pre-teen, Junior and Youth competitors who dance a multi dance event may not dance in any syllabus event of the same style.
7. Competitors will be allowed to dance no more than two events in any given style. This applies even when dancing up to another age category.
8. All International style syllabus competitions are restricted to the ISTD Bronze, Silver & Gold syllabus. Newcomer and American style syllabus events may use any syllabus from member organizations of the NDCA as well as the BYU syllabus. Couples must dance within the framework of the accepted syllabi, including precedes & follows, & without embellishment. Figures must be danced as defined in the ISTD technique book. Partial figures may not be utilized unless so specified in the "precedes & follows" sections. Couples dancing out of syllabus will be warned once & then disqualified.
9. A competitor is eligible to dance in the "newcomer" event (Pre-teen, Junior, Youth) until they have placed in a final of any event in their age classification, provided a quarter-final was danced.
10. A competitor is eligible to dance in the "Syllabus", "Novice" or "Pre-Championship" proficiency classifications until they accumulate three proficiency points. There is no limit to the number of proficiency points that may be accumulated in the "Championship" level. See below
11. Any amateur competitor who wears a costume deemed by the organizers to be unsuitable will be requested to change. If such request is not followed, the competitor will not be allowed to dance and their entry will be canceled. Specific costume rules are listed on the next page:
12. In the event that there are not sufficient entries in the Junior I / II category events. The organizer reserves the right to combine these two categories.

### **Age Category Classifications**

Age classifications are effective on Jan 1<sup>st</sup> of the year in which the age of the individual is attained regardless of the birthday.

**Pre-Teen:** 11 years old or younger.

**Junior:** 12,13,14,15, years old.

**Youth:** 16, 17, 18, years old.

**Adult:** 19 years of age or greater.

### **Eligibility**

*Participation in syllabus events is based upon the current grade in school of the competitor according to the following designations:*

*Elementary = K - 6<sup>th</sup> grade*

*Junior high = 7<sup>th</sup> - 9<sup>th</sup> grade*

*High School = 10<sup>th</sup> -12<sup>th</sup> grade*

### **Entry Restrictions:**

- *Newcomer competitors may not enter Novice, Pre-Championship or Championship or multi dance events of any style.*
- *Those entered in syllabus events may not enter Novice, Pre-Championship or Championship or multi -dance events of the same style.*
- *Elementary school competitors may dance up into the Junior high school category. Junior high school competitors may dance up into High School Category*

### **Point Accumulation**

- a) A competitor receives one point when they either a) place first in their current classification when a semi-final was danced, or b) dance in the final of a higher proficiency event where a semi-final was danced.
- b) The eligibility to compete in a classification is applied to individual competitors and not as a couple.
- c) It is the responsibility of all amateur competitors to insure that they are eligible for all categories entered.
- d) An amateur competitor may enter at most two consecutive proficiency classifications in any particular style and age group at a particular competition.
- e) An amateur competitor's ineligibility begins at the conclusion of the competition in which his/her third point was acquired. In this case the word "competition" refers to the entire event (generally a "weekend").

## **JUNIOR, YOUTH, ADULT COSTUME SPECIFICATIONS**

Below are the costume specifications for all amateur costumed events. No entry will be considered fully accepted without final costume approval. All Junior, Youth & Adult Amateur costumes of competitors must be approved no later than one hour before their event

## Dress and/or Costuming

### Pre-teens Championship Competitors

#### Girls

**Skirts:** Skirt with top or simple dress with attached under garment or leotard top with full skirt a) Plain or pleated with minimum 1 to maximum 3 half circles. One simple underskirt allowed which is no larger or longer than top layer b) No use of boning, frills, splits, openings, fishing line, etc.. c) Length of skirt must not be shorter than 3 inches above the knee cap and no longer than 1 inch below the knee cap.

**Necklines:** a) Boat, high neck, v-neck, sweetheart, 'peter pan' collar, and regular collar are allowed.

**Sleeves:** are required a) Long, short, elbow length, cap, or puff are allowed b) Cannot be replaced by trimmings, frills, or edging on the shoulder line. c) No "finger loops" allowed

**Materials:** a) Fabrics *MUST* be only one color throughout. b) No glitter, metallic thread, or fabric creating 'light or pattern effects'. c) No use of feathers, fringes, bows, belts, frills or sequins d) No flesh color fabric e) Any use of color coordinated 'see through' fabric must be lined from waist to shoulder; for use on arms no lining is needed.

**Socks:** a) White ankle socks or flesh colored pantyhose must be worn

**Other:** a) No use of arm bands, chokers or headbands. b) No decoration is allowed on dress or in hair c) No jewelry is allowed d) No makeup allowed e) Use of fake eyelashes, fake fingernails, colored or glitter hair spray is forbidden

**Shoes:** a) Heel height not to exceed 1.5 inches, and must be block heel style if a dance shoe.

#### **BOYS**

**Trousers:** a) Black or dark blue color only b) High waist optional c) Underfoot strap optional

**Shirts:** a) Plain white or black long sleeved collared shirt only b) No pleats or ribbing c) Sleeves to be worn at wrist length

**Materials:** a) Fabrics must be plain, ie: cotton, polyester, cotton/polyester blend, wool blend b) No satin or shiny fabrics c) No glitter, metallic thread, patterns or sequins allowed d) Decorations - not allowed

**SOCKS:** a) Black or dark blue color only.

**SHOES:** a) Heel height not to exceed 1.5 inches

**TIE:** a) Black color only, may be either straight or bow

**MAKEUP:** - Not allowed.

**HAIRSTYLE:** - Long hair must be worn in a pony tail. No earrings allowed

**No entry will be considered fully accepted without final costume approval. All Junior, Youth & Adult Amateur costumes Utah MUST be approved one hour before their scheduled event.**

**If in question, all rules are the same as held at Brigham Young University competitions.**

#### **JUNIOR, YOUTH, ADULT COSTUME SPECIFICATIONS**

Below are the costume specifications for all amateur costumed events. No entry will be considered fully accepted without final costume approval. All Junior, Youth & Adult Amateur costumes of competitors in Utah must be approved by Sharon Holman (801) 434-4535 prior to November 6, 2009. All other competitors must be approved no later than one hour before their event

#### **LADIES**

1. Regular cut dance trunks and fishnet hose must be worn.

2. Straps over both shoulders of at least one inch in width are required **and must cover the bra line**. If multiple straps go over a shoulder at least one strap must be the required one inch wide from front to back. Halter tops or designs that resemble them are not permitted.

3. Lower backs must be covered with non sheer fabric from a point five (5) inches above the waist line.

4. Sheer fabric on the bodice may be used in the following manner: a) in the front, from the top of the bust-line up b) in the back from five inches above the waist. In this case straps are not required. Nude fabric is not allowed

5. Skirts may be broken or slitted from the trunk line down, but must cover the legs to mid-thigh when not in motion.

6. Skin from the front to a point several inches behind the sides (axilla-line) must be covered.

7. Cutouts are not allowed.

8. Unitards are not allowed

#### **MEN**

Costumes appropriate to the style.

1. Latin shirts may be open to a point eight inches down from the Supra Sternal Notch (Jugular Notch)

2. Sheer fabric may only be worn on the arm. No sleeveless shirts.

3. No earrings allowed

